



KOLINPHARMA®

LEADER TO HEALTH



ALMETAX  
easy®

## WARNING LABEL

Climaterium and menopause are characterized by hormonal variations through somatic and psychological symptoms. In the most frequent symptoms there are hot flushes, mood, sleep and memory disorders. Moreover, the menopause is characterized by important variations of lipid and glucose metabolisms and even by a weight gain tendency and a sexual desire reduction.

### PRODUCT NAME

Almetax Easy®

### FORMAT AND PACKAGE

Oral sachets, 30 oral sachets. The Almetax Easy® case has a patented "TAMPER EVIDENT" sealing system to report the product integrity. Consult our web-site for more information.

### USE INDICATIONS

Almetax Easy® is a food supplement composed of alpha-lipoic acid, L-tryptophan, curcuma, vitamin B5 (pantothenic acid), vitamin B6, chromium picolinate, zinc and vitamin C.

- » Vitamin B5 promotes tiredness and fatigue decrease.
- » Chromium contributes to maintain the normal levels of blood glucose.
- » Zinc helps to maintain the normal levels of blood testosterone.
- » Vitamin B6 contributes to the hormonal activity regulation.
- » In pre-menstrual phase, the curcuma is perfect to combat the menstrual cycle disorders.
- » Vitamin C contributes to the cells protection against the oxidative stress.

### COMPOSITION

One Almetax Easy® oral sachet includes:

CurQfen® (curcuma longa and Trigonella foenumgraecum dry extract) that belongs to total curcuminoids (35%, 140 mg), L-Tryptophan (150 mg), alpha-lipoic acid (300 mg), zinc (3 mg), chromium (50 µg), vitamin C (125 mg), vitamin B5 (pantothenic acid – 9 mg), vitamin B6 (2,375 mg).

### COMPONENTS

#### » CURCUMA

The CurQfen® curcuma extract (curcuma longa L.) rootstock dry extract standardized at 35% in curcuminoids and fenugreek (Trigonella foenum-graecum L.) seed dry extract. This particular combination increases the absorption after the oral administration, optimizing also the low-dose effects. The curcuma acts with a cellular protective effect, thanks to its antioxidant action and it helps to combat the disorders linked to the menstrual cycle, also in premenopausal phase. CurQfen® is a Akay Flavours & Aromatics Pvt. Ltd. Malaikdamthuruthu P. O., Aluva, Cochin 683561, Kerala, India registers trade mark.

#### » L-TRYPTOPHAN

It is an essential amino acid because the organism can't synthesize it. It depends by the diet contribution. The L-Tryptophan is the serotonin synthesis precursor (also called "happiness hormone") that is a neurotransmitter that regulates the mood balance. It is also a melatonin synthesis precursor that has positive effects on quality sleep.

#### » ALPHA-LIPOIC ACID

The alpha-lipoic acid is inside our organism. It has the ability to act in water-soluble and fat environments. This important element enables the alpha-lipoic acid access to all the human body cells. It is a antioxidant element with a strong role in cells energy metabolism. It is a cofactor for different enzymes that take part to the glucose conversion and different sources of energy.

#### » BISGLYCINATE CHELATE ZINC

The bisglycinate chelate zinc has a specific role in many hormones functioning, such as sexual hormones. It contributes to the normal glucose metabolism and it potentiates the immune system function.

**The chelation applied to the zinc favors its absorption.**

#### » CHROMIUM PICOLINATE

The chromium picolinate is considered as best source of chromium. It is important to maintain the blood glucose normal levels.

#### » VITAMIN C

It supports the zinc immunomodulatory action and performs a strong antioxidant action that contributes to our immune system welfare and protects the cells by the oxidative stress. The vitamin C decreases the tiredness and the fatigue, by favoring the organism support for the nervous system and psychological function proper functioning.

#### » VITAMINS GROUP B: B5 AND B6

The vitamin B5 (pantothenic acid) is the coenzyme A precursor, that has an important role in carbohydrates, fats and proteins synthesis; it supports the food energy utilization and it contributes to tiredness and fatigue reduction. The vitamin B6 contributes to the nervous and immune systems proper functioning. This vitamin has a very important role in hormonal activity, especially for women. It plays a salutary physiological effect, because it helps the normal psychological function.

### USE CONDITIONS

It is advised the consumption of 1 or 2 oral sachets a day of Almetax Easy® after main meals. Pour directly the contents in your mouth. Dissolve the granulate without chewing. For a correct integration, Almetax Easy® should be used for 3 months.

## WARNINGS

Almetax Easy® must be stored at ambient temperature (between 8° and 25° Celsius, 46,4° and 77° Fahrenheit) in dry and cool place. The expiry date is linked to the correctly stored product, in undamaged packages. Keep out of reach of children under the 3 years old. Do not exceed the recommended daily dose. The food supplements should not be seen as a substitute of a varied and balanced diet and a healthy lifestyle. If you are under treatment with hypoglycemic agents, it is advised to consult your doctor, before the product consumption. Possible product chromatic changes must be assumed as a natural phenomenon because of the occurrence of a high quantity of plant extracts. **The perception of a mild discomfort during the product swallowing, is due to its composition and it is a temporary phenomenon.**

## INFORMATION IN CASE OF FOOD INTOLERANCE AND/OR ALLERGIES

Almetax Easy®:

- » Has no gluten, and it can be taken by coeliacs
  - » Has no sodium, and it can be taken by hypertensive
  - » Has no lactose and dairy products
  - » Can be taken by vegetarian and vegan
- Don't use Almetax Easy® in case of known hypersensitivity to its components.

## VALIDATIONS

### » KOSHER

This validation gives to Almetax Easy® the validity to be consumed by Jewish people, according to their religion food regulations and it is expression of the highest qualitative standards about substances used during industrial processes.

### » HALAL

This validation certifies that Almetax Easy® complies with Islamic doctrine, according to Sharia regulations. It is a validation based on the quality of chain and product substances.

### » MILK FREE

This validation guarantees that Almetax Easy® is a product with the complete lack of milk and it is indicated for lactose-intolerant.

### » UIC

All Almetax Easy® fonts in graphic image – Braille – have been checked through the "Unione Italiana Ciechi" (Blind Italian Confederation) verification, which certified the texts correctness and quality.

### » ECCELLENZA DI CASA SAVOIA

This validation guarantees that Almetax Easy® is a product is a result of a research of substances, industrial materials and processes, qualified suppliers present on the territory.

### » DOPING FREE

This validation certifies that Almetax Easy® does not use substances and/or ingredients present in Wada list (consult the banned substances list). The company, through a constant promotion of ethical values, wants to guarantee to clients and consumers, a permanent fight against doping substances.

## NOTA

The information included in the Almetax Easy® leaflet can't and don't replace your doctor's advice, but these want to represent an orientation and consultation tool for a proper use of new modern food supplements in different conditions of use.

**ALMETAX**  
easy®

Patent n. IT1425921  
Product included in the register  
of food supplement of the Ministry  
of health, cod. 69796

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All the fonts in Braille graphic image  
and the Tamper Evident closure are  
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people association)



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